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**Pre-School Readiness** 

# All About Me

Parent-Pupil School Starter Pack

PMP Publications

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# Introduction

All About Me is the first part of the PMP Pre-School Language Readiness Pack that ensures children progress confidently towards language readiness by engaging parents as partners with their child using this pack of 3 reproducible workbooks.

Enjoyable and fun activities encourage parents to develop their child's language experiences in an engaging and structured manner.

"The material is very carefully written and is perfectly pitched to be helpful to children and to parents as they being their journey through primary school." —Harry Greer, Principal, Harmony Hill Primary School.



#### Key to the symbols used



Follow the children's footprints throughout this book to help you reinforce key pre-school skills and experiences with your child. Parents and children should colour in the footprints together as activities/key experiences are completed. In doing this together, it will allow your child to see the book as something 'special' that you do just with them.

This symbol means you may need to write something in the space provided for your child.



Draw a picture of a happy face, to record when your child has completed an activity. There is an empty box on each activity page.



# AREA OF DEVELOPMENT: THE ARTS (CREATIVE DEVELOPMENT)

#### **KEY EXPERIENCE:**

Listening to and joining in simple rhymes and songs.



• Encourage your child to listen to and join in familiar songs, e.g. Twinkle, Twinkle Little Star or songs from Children's TV programmes, e.g. Bob the Builder.

#### **KEY EXPERIENCE:**

Respond to the beat of the music by clapping.



• Complete Activity 1 with your child.



Draw a happy face in the box once your child can complete these activities.

# AREA OF DEVELOPMENT: COMMUNICATION AND LANGUAGE DEVELOPMENT

#### **KEY EXPERIENCE:**

To encourage your child to focus attention, listen and make appropriate responses.

• Reinforce to your child where their ears are and how we use them to listen.





• Complete **Activity 3** with your child. This listening game will help your child to listen to instructions and shows their understanding when they perform the appropriate action.

#### **KEY EXPERIENCE:**

To encourage your child to talk about their needs, experiences, ideas, feelings and achievements.

• Encourage your child to retell significant events/experiences in his/her own life.



 Complete Activity 4 with your child. Give your child time to speak, prompt them when necessary and praise their efforts.





# **ACTIVITY 5 - I CAN DRAW A PICTURE OF ME**

Encourage your child to look at themselves in the mirror. Discuss their features – hair, eye colour and let them draw a picture of themselves.

# Look at me

# AREA OF DEVELOPMENT: COMMUNICATION AND LANGUAGE DEVELOPMENT

#### **KEY EXPERIENCE:**

Becoming familiar with his/her own written name.

- Point out your child's name on their paintings from Nursery.
- Write out your child's name and draw their attention to it by sticking it on familiar places, e.g. the bedroom door or the toy box.



- Complete **Activity 6** with your child.
- Reinforce the letter names and the shapes of the letters in your child's name.



Use lower case letters rather than capitals, as this is how your child's name will be written at school, e.g. Molly, Ben.

#### **KEY EXPERIENCE:**

Attempting to write his/her own name.



• Encourage your child to scribble and make marks on paper.



• Use magnetic letters on the fridge, to help your child recognise and put together the letters in their name.



• If your child has a good grip and control of a pencil, try doing **Activity 7** together.



### AREA OF DEVELOPMENT: EARLY MATHEMATICAL DEVELOPMENT

#### **KEY EXPERIENCE:**

Develop their understanding of number and age.

- Reinforce your child's age.
- $\mathcal{Q}$
- Talk about what age your child will be on his/her next birthday.
- $\mathcal{Q}$
- Encourage your child to count the number of candles on his/her cake.
  - Encourage your child to recognise the numeral that represents his/her age.
- $\mathcal{Q}$
- Complete Activity 8 together.





# AREA OF DEVELOPMENT: PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT

#### **KEY EXPERIENCE:**

To be able to express their emotions appropriately, identifying the emotions of happiness, fear, sadness and anger.

- Encourage your child to express his/her own thoughts and feelings.
  - Ask your child questions to promote the language of feelings: for example



- How did you feel when you fell off the slide?
- Complete Activity 9 together.

#### **KEY EXPERIENCE:**

Encourage your child to develop independence and take responsibility for themselves.

• Encourage your child to help you in the home, for example: Prepare food for mealtimes and clearing the table.



• Complete Activity 10 together.



 Praise and encourage your child, promote their self confidence and allow him/ her to take pleasure in their achievements.







This activity book is designed for parents to work alongside their pre-school child. The activities in the book have been written to ensure the whole learning process is fun and enjoyable and that children progress confidently towards school readiness.

### The Activity Book:



Includes a series of fun activities to help you and your child enjoy learning together.



Is written to enable parents to become integral and informed partners in their child's early learning experiences.



Is written by an experienced nursery practitioner in a structured and highly visual format.



# PMP Publications

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